



CALLIOPE

● ● ● PAIRS WELL WITH CALLIOPE 2010 FIGURE EIGHT

SLOW-COOKED SPAGHETTI BOLOGNESE

INGREDIENTS

1 pound lean ground beef
1 small onion - chopped
1 carrot - chopped
2 stalks celery - chopped
1 - 2 large cloves garlic, crushed
1 can (28 oz) diced tomato
2 cans (6 oz) tomato paste
1 teaspoon sugar
1 tablespoon chopped fresh oregano
1 tablespoon chopped fresh basil
1 teaspoon salt
¼ teaspoon pepper
½ cup Calliope Figure Eight red wine
(or similar dry red)
Parmesan cheese

PREPARATION INSTRUCTIONS

Brown ground beef in large skillet, drain fat. Add chopped onion, carrot, and celery; cook until onion is tender. Transfer ground meat mixture to the slow cooker. Add remaining ingredients, except pasta and cheese. Cover and cook on LOW for 5 to 7 hours.

SERVING INSTRUCTIONS

Spoon over your favorite cooked pasta. Sprinkle with grated Parmesan cheese & fresh cracked pepper, if desired.

